The short screening questionnaire (International Questionnaire)

The core questionnaire, containing:

Home, Commuting and Work Environment Questionnaire

- I Home Environment
- II Commuting
- III Work Environment

48 Hour Exposure Questionnaire

- I At Home
- II At Your Worplace
- III Various Activities
- IV Annoyance from Air Pollution
- V Instruments' Case

INTERNATIONAL QUESTIONAIRE

Please can be	e cross the right answers e send back in the addres	() or fill in the answ sed envelop.	ers (). The filled questionnaire
Date:	19		
1. Sex	: male	female	2. Birth year:
3. How	v many years did you s	pend on your education I'm still full time	on (all together)? ne student
4. I wo	outdoors in one place moving in the traffic (ding (e.g. office, service school hospital, warehout the time (e.g. construction)	use) uction, garden, market square/street) van driver, traffic police)
5.The h	nousehold that I live in adults (18 ye children (les	ears or more)	nyself)
6.How	many hours have you b	oeen outdoors yesterd: minutes	ny or last night?
7. Whic	ch statement describes leads to centre of city or village centre of city or village periphery, at road with periphery, at road with remote house at count	e at road with high traf e at road with low to m moderate to high traff low traffic volume	fic volume oderate traffic volume
8. How	often do heavy trucks a almost all the time often/ several times pe rarely/ a few times per	r day	e street in front of your home?

never

(The contact information w	please fill it ill be cut off	n, when you partic and destroyed when	cipate in EXPOLIS) all the participants are so	olootod)
To make an appointment, I ca Tel.(P)	nn be reached best c	at these telephone num	nbers:	elected)
Tel (W)	best	chance (day, time)	:	
			m	
				ddress is correc
				o, new address
			nostcode	
			place	
9. Most of the time when following times for one	way by:			ughly the
walking or biking		in summer	in winter	
motorbike or scool	2	min.	min.	
car	ici	min.	min.	
bus or tram		min.	min.	
train		min. min.	min.	
	9		min.	
0. Have you had wheezi	ing or whis	stling when you di	id not have a cold in	the last 12
0. Have you had wheezi nonths? yes	ing or whis	stling when you di don't kno		the last 12
yes	no	don't kno)W	the last 12
ontile.	no	don't kno	nonths?	the last 12
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yes l. Have you had an atta	no ck of asthi	don't kno ma in the last 12 n don't kno	nonths?	the last 12
yes I. Have you had an atta yes Z. Do you have any nasa yes	no ck of asthi no d allergies	don't kno ma in the last 12 n don't kno including hay fev don't kno	nonths? ow er?	
yes 1. Have you had an atta yes 2. Do you have any nasa	no ck of asthi no d allergies	don't kno ma in the last 12 n don't kno including hay fev don't kno	nonths? ow er?	
yes I. Have you had an atta yes I. Do you have any nasa yes I. Are you a regular smo yes I'll be selected f I'll be able to part	no ck of asthr no d allergies no oker (at lea no for particip	don't kno ma in the last 12 m don't kno including hay fev don't kno est one cigarette o	nonths? er? w r cigar per day for the	
yes I. Have you had an atta yes I. Do you have any nasa yes I. Are you a regular smo yes I'll be selected f I'll be able to part	no ck of asthr no d allergies no oker (at lea no for particip	don't kno ma in the last 12 m don't kno including hay fev don't kno est one cigarette o	nonths? er? w r cigar per day for the	
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yes I. Have you had an atta yes I. Do you have any nasa yes I. Are you a regular smoyes I'll be selected for a lill be able to partion of the selection of the lill have reasons, in the lill have r	ck of asthrano l allergies no or participate in sicipate only not to partion't want to	don't kno ma in the last 12 m don't kno including hay fev don't kno est one cigarette of pation on EXPOL ampling program y in the diary study cipate:	nonths? er? w r cigar per day for the	he last year)?

If you want to participate in EXPOLIS, please fill in the contact information on top of this page. Thanks very much for your collaboration!!!

OPTIONAL

15. Marital status	married or living tog single divorced/separated widowed	gether	
16. Occupational Status	employee self employed unemployed housewife/househush student retired other, please specify		
17. Occupation (job title): _			
	c, refrigerator) (asthma, allergic)	or:	3
Ad long questionnaire:			
9. Most of the time when I g following times for one way		university, I	spend roughly the
	in summer		in winter
walking or biking	min	km _	min km
motorbike or scooter	min		min km
car	min		min km
bus	min	km _	min km
tram	min	km _	min km
train	min	km _	min km

Thanks very much for your collaboration!

INSTRUCTIONS
Please read carefully these instructions before filling out the questionnaires:
1) You can fill in the <u>Home, Commuting & Work Environment</u> Questionnaire anytime during the 48 hours of your participation in the study. However, please fill in the <u>48 Hour Exposure Questionnaire</u> at the end of the study either by yourself or together with the Expolis researcher when he or she visits your home.
2) Most questions are multiple choice, with a number next to each answer. Fill in the number of the correct answer in the small square provided next to the question. e.g.:
When was your home built?1-After 1989
3) Some questions have the option "Other (please specify)" as an answer. In such a case, fill in the number next to "Other" and write in the blank space a short explanation.
e.g.: How would you describe the1-A single family house
4) Some other questions ask to "please check everything that applies". Simply mark with an x or a ✓ the small square provided next to each answer. e.g.:
Does your bedroom have: Wall to wall carpet
5) In the questions that ask you to provide a number as an answer, please fill in one digit of the number in each of the squares provided. e.g.:
What is the floor area (in square metres) of your home?
6) Finally, in the "thermometre" questions, simply circle the number of your answer. Suppose that this is a measure of how much you are annoyed by air pollution. Zero means you are not annoyed at all and ten that you are annoyed unbearably. e.g.:
Unbearable annovance



HOME, COMMUTING & WORK ENVIRONMENT QUESTIONNAIRE

I: HOME ENVIRONMENT		9
1) Where is your home located in?	1-City/suburb centre or commercial d 2-Neighborhood/suburb with mainly	istrict
	densely built apartment buildings	
	3- Neighborhood/suburb with mainly	single family
	homes or apartment buildings with	gardens
	4- Industrial zone	
	5-Other	
	(please specify)	
2) How would you describe the	1-A single family house, detached	
building where you live?	from any other house.	
	2-A single family house, attached	
	to one or more houses.	
	3-An office/ apartment building	
	4-A factory/industrial building	
	5-Other	
	(please specify)	
3) What floor is your home on?		
(mark 0 for ground floor)		—— []
4) When were your have builts		
4) When was your home built?	1-After 1989	
	2-1980-1989	
	3-1970-1979	
	4-Before 1970	
5) What is the floor area (in square metres)	5-I do not know	
of your home? (all rooms)		
or your nome: (an rooms)		
6) What is the height (in metres)		
of the rooms in your home?		
		- L_J1
7) What is the traffic volume on the street	1-Heavy/ a continuous flow of traffic	
in front of your home during weekdays?	2-Medium/ many cars passing by	
	3-Light/ a few cars every now and then	
8) How often do heavy trucks and/ or buses_	1-Almost all the time	П
(except trolley buses) pass on the street	2-Often/ several times per day	
in front of your home during weekdays?	3-Rarely/ a few times per day	
	4-Never	
9) Does your home have a garage attached	_1-Yes	
to it, leading directly inside the house?	2-No	
	3-I do not know	

10) Does your home have:	Wall to wall carpet
(please check everything that applies)	- Other carpets/ rugs
	- Curtains
	- Upholstered or soft furnishings
	- Double glazing
	- Linoleum floor
	- PVC (plastic) floor
	- Wood floor
	- Wood paneling on walls and/ or ceiling
	- Plasterboard walls and/ or ceiling
	- Chipboard walls
	- Wallpaper (any kind)
	- None of the above
11) Has there been any of the following	Wall painting/ new wallpaper
renovation/ repair in your home	- Floor repair/ polishing/ varnishing
in the last year?	- Water/ sewage system repair
(please check everything that applies)	- Window or door repair/ replacement
	- Insulation repair/ replacement
	- Wall construction/ removing
	- None of the above/ I do not know
12) Have any of these renovations been	1-Yes
caused by a water damage?	2-No
	3-I do not know
13) Is there any water damage in your	
home that has not been fixed?	2-No
(signs such as scaled off paint,	3-I do not know
swollen panels, wet spots etc.)	
14) How many pets do you have at home?	Cots
14) from many pets do you have at home?	- Cats
	- Dogs
	- Birds
	(please specify)
	(piease specify)
15) Including yourself, how many people in	
your household smoke inside your home?	
,	
16) How much in total do the people	- Cigarettes per day
in the previous question smoke	- Cigarillos per day
inside the home?	- Cigars per week
	- Pipe tobacco (pipefulls per week)

17) what kind of heating does	District heating	Г
your home have?	- Central heating (inside your building)	H
(please check everything that applies)	- Single stoves/ heaters:	L
	with electricity	Г
	with gas	\vdash
	with coal	\vdash
	with wood_	\vdash
	with kerosene/ paraffin	\vdash
	with fuel/ heating oil	H
	- Fire place	H
	- There is no heating	\vdash
	- Other	
	(please specify)	
	1 1	
18) Does your home have?	Air conditioning	
(please check everything that applies)	- A humidifier (including any humidifier	
	built into your heating	_
	system or air-conditioning)	
	- An electric air cleaner, ionizer or air filter [
	- None of the above	
		_
19) What do you use for cooking?	Electricity (stove or microwave)	
(please check everything that applies)	- Gas	
	- Solid fuel (coal, coke, wood etc.)	
	- Other	
	(please specify)	
	- I do not use anything for cooking at home	
20) Do you have a kitchen fan/ vent?	1. Ves a fan that filters the sin and live	_
,,	1- Yes, a fan that filters the air and blows [it back into the kitchen	
	2- Yes, an extractor fan that I can turn on/off	
	3- Yes, an exhaust vent connected to the	
	building ventilation system	
	4- No	
	5- I do not know	
21) Do you use any naphthalana or other	I V	_
21) Do you use any naphthalene or other anti-moth products in your home?	2 No	4
and mone products in your nome:	2-No	┙
	3 I do not know	
22) Do you use any air fresheners, such as	1-Yes	٦
"local brand names" in your home?	2-No	_
	3-I do not know	
23) If you do use air fresheners, please		7
give their brand names.	-	
<i>-</i>	1	

II: COMMUTING	
1) In the winter, when commuting to	Walking/ biking
work/ school/ university, how much	- On a motorcycle/ scooter/ moped
time (in minutes) do you spend on	- In a car/ taxi
average? (for going one way)	- In a bus/ tram
(please check everything that applies)	- In a train/ metro

time (in minutes) do you spend on average? (for going one way)	- On a motorcycle/ scooter/ moped - In a car/ taxi - In a bus/ tram	
(please check everything that applies)	- In a train/ metro	- $+$
	,	
III: WORK ENVIRONMENT		
Do you presently work or study most of the tim 1- In one room/space within a buildin Please go on to		-
2- Moving around inside a building (Please go on to que	e.g. school, hospital etc.) estion 6 on the next page	
3- At home4- Outdoors, in one place (e.g. constr5- Moving in the traffic (e.g. bus driv6- Presently I am not employed/I do n	ver, delivery person etc.)	
If you answered 3, 4, 5 or 6, yo Do not forget to complete the 48 hour ex	ou have finished this questionnaire. posure questionnaire at the end of the stu	dy!
1) How many people, including yourself, work normally in the same room/ space?	5	
2) How many of the people in question 1, including yourself, smoke inside this room during working hours?		
3) How much in total do the peoplein question 1 smoke inside this room during working hours?	Cigarettes per day - Cigarillos per day - Cigars per week - Pipe tobacco (in pipefulls per week) _	
4) What floor is your work space on?(mark 0 for ground floor)		_ 🔲

5) Does the room/ space	Wall to wall carpet
where you work have:	- Other carpets/ rugs
(please check everything that applies)	- Curtains
	- Upholstered or soft furnishings
	- Double glazing
	- Linoleum floor
	- PVC (plastic) floor
	- Wood floor
	- Wood paneling on walls and/ or ceiling
	- Plasterboard walls and/ or ceiling
	- Chipboard walls
	- Wallpaper (any kind)
	- None of the above
Where is your workplace located in?	1- City/suburb centre or commercial district
	2- Neighborhood/suburb with mainly densely
	built apartment buildings
£:1	3- Neighborhood/suburb with mainly single
family	
	homes, or apartment buildings with gardens
	4- Industrial zone
	5-Other
	(please specify)
7) How would you describe the	1-A single family house, detached
building where you work?	from any other house.
• 10.000 0000000000000000000000000000000	2-A single family house, attached
	to one or more houses.
	3-An office/ apartment building
	4-A factory/industrial building
	5-Other
	(please specify)
8) What is the traffic volume	
on the street in front of your	1-Heavy/ a continuous flow of traffic
workplace during working hours?	2-Medium/ many cars passing by
workplace during working nours:	3-Light/ a few cars every now and then
9) How often do heavy trucks and/ or	1-Almost all the time
buses (except trolley buses) pass on	2-Often/ several times per day
the street in front of your workplace	3-Rarely/ a few times per day
during working hours?	4-Never

When was the building where	1-After 1989
you work in built?	2-1980-1989
	3-1970-1979
	4-Before 1970
	5-I do not know
11) Has there been any of the following	Wall painting/ new wallpaper
renovation/ repair in your workplace	- Floor repair/ polishing/ varnishing
in the last year?	- Water/ sewage system
(please check everything that applies)	- Window or door repair/ replacement
	- Insulation repair/ replacement
	- Wall construction/ removing
	- None of the above/ I do not know
12) Have any of these renovations been	1-Yes
caused by a water damage?	2-No
	3-I do not know
13) Is there any water damage in your	1-Yes
workplace that has not been fixed?	2-No
(signs such as scaled off paint,	3-I do not know
swollen panels, wet spots etc.)	
14) What kind of heating does your	- District heating
workplace have?	- Central heating (inside your building)
(please check everything that applies)	- Single stoves/ heaters:
	with electricity
	with gas
	with coal
	with wood
	with kerosene/ paraffin
*	with fuel/ heating oil
	- Fire place
	- There is no heating
	- Other
	(please specify)
15) Does your workplace have?	8
(please check everything that applies)	- A humidifier (including any humidifier
	built into the heating
	system or air-conditioning)
	- An electric air cleaner, ionizer of air filter
	- None of the above

48 HOUR EXPOSURE QUESTIONNAIRE

TO BE COMPLETED AT THE END OF THE 48 HOURS OF YOUR PARTICIPATION IN THE STUDY

I: AT HOME

During the 48 hours that you participated in the study, and while you were at home:

1) For how many hours and minutes were the following devices used?

(please answer 0 if you do not have such a device or it was not used at all): Hours Minutes - A single stove with gas _____ - A single stove with coal _____ - A single stove with wood _____ - A single stove with kerosene/ paraffin - A single stove with fuel/ heating oil _____ - A fire place - The kitchen fan/ vent while cooking ___ - The air conditioning _____ - A humidifier (including any humidifier built into the heating system or air-conditioning - An electric air cleaner, ionizer of air filter An unvented gas fired water heater - An electric clothes dryer _____ An unvented gas fired clothes dryer - A wood heated sauna _____ An electric cooking stove/ microwave ____ A cooking stove with gas _____ A cooking stove with solid fuel (wood, coke, coal etc.) 1-Myself ____ 2) Did you or someone else ____ vacuum clean your home? 2-Someone else 3-Nobody did 3) Were there any cleaning/polishing chemicals used in your home? (please give brand names) 4) For how many hours and minutes _ were the windows open?

II: AT YOUR WORKPLACE

During the 48 hours that you participate	ed in the study, and while you were at your workplace	e:
 For how many hours and mi 	nutes were the following devices used?	
(please answer 0 if you do no	t have such a device or it was not used at all):	
	Hours M	linutes
	- A single stove with gas	
	- A single stove with coal	
	- A single stove with wood	
	- A single stove with kerosene/ paraffin	
	- A single stove with fuel/ heating oil	
	- A fire place	
	- The air conditioning	
	- A humidifier (including any humidifier _	
	built into the heating system	
	or air-conditioning	
	- An electric air cleaner, ionizer of air filter	
2) For how many hours and min	utes were the windows open?	
3) For how many hours and min	utes did you	
or someone else use a photoc		\Box
or a printer inside the same re		
III: VARIOUS ACTIVITIES		
During the 48 hours that you participated	I in the study:	
	nutes were you engaged in any of the following activi	ties at
home, work or elsewhere?	Hours M	
The second secon	- Developing/ printing photographs	
	- Painting/ drawing	HH
	- Using some kind of glue	H
	- Home workshop/ "do it your self"	H
	- Washing your car	H
	- Staying at a gas station	H
	- Grilling	H
	- Staying inside a garage	H
	- Heavy outdoor work/ exercise	\vdash
	(e.g. jogging, working in garden)	
	- Heavy indoor work/ exercise	
	(e.g. being in the gym)	ш
	- Staying inside an indoor ice hockey ring	
	oraying made an indoor ice nockey inig	ш
2) Did vou use any deodorant, ne	erfume,1-Yes	
hair spray or after shave?	2-No	_ ⊔
spray of after share.	3-I do not remember	
	3 I do not remember	
3) Did you use any clothes that h		
Did you use any clothes that h been cleaned by dry cleaning?	ave1-Yes	_ 🗆

IV: ANNOYANCE FROM AIR POLLUTION

1) Please mark on the thermometre scale to what degree did you feel annoyed from air pollution at home during the 48 hours that you participated in the study. Unbearable annoyance 10 9 8 7 6 5 4 3 2 1 No annoyance at all 2) This annoyance consisted mostly of: _____ _1-Dust _ 2-Exhaust gases 3-Chemicals 4-Other (please specify) 3) Please mark on the thermometre scale to what degree did you feel annoyed from air pollution at work during the 48 hours that you participated in the study. Unbearable annoyance 10 9 8 7 6 5 4 3 2 1 No annoyance at all 4) This annoyance consisted mostly of: _____ _1-Dust __ 2-Exhaust gases 3-Chemicals 4-Other (please specify)

when commuting/ in the streets during the 48 h	legree did you feel annoye ours that you participated	d from air pollution in the study.	
	Unbearable annoyance	10 🖳	
		9 8	
		7	
		5	
	No annoyance at all	3 2 1 1 1 1 1 1 1 1 1	
		0	
6) This annoyance consisted mostly of:	1-Dust		
	2-Exhaust gases 3-Chemicals		
	4-Other (please specify)		
			_
V: INSTRUMENTS' CASE			
1) Was there any time during the 48 hours 48 hours of the measurements that the instruments' case was not with you?	1-No, it was with me at 2-Yes From:	all times	
	(date)	(time)	
	To:	T	_
	(date)	(time)	
Thank you for your particip	ation to the Expolis study	©	